



Lost Income or Employment Resources

Have you lost your income or have your hours been cut? You may be eligible for unemployment or underemployment benefits.

State Unemployment Sites

You may be eligible for unemployment (or ‘underemployment’) benefits if you are unable to work or lose hours due to COVID-19. The Coronavirus Aid, Relief, and Economic Security Act (“CARES Act”) passed Friday, March 27 expands unemployment benefits during this crisis. Eligible workers will temporarily receive an additional \$600 per week on top of the unemployment benefits they would normally qualify for.

Oregon

- [FAQ on COVID-19 Related Business Layoffs, Closures, and Unemployment Insurance Benefits](#)
- [Infographic describing eligibility scenarios](#)

Washington

- [FAQ for workers affected by COVID-19 \(coronavirus\)](#)
- [Click here for an unemployment benefits application checklist.](#)

Additional Resources:

Washington

[The Washington State Department of Financial Institutions has developed a list of financial resources](#) for Washington consumers impacted by the Coronavirus.

The resource list covers:

- Unemployment Assistance
- Trouble Paying Credit Cards
- Trouble Paying Your Mortgage
- Trouble Paying Rent
- Student Loans Deferment
- Short Term and Emergency Loans

Oregon

- If your work situation has changed, you may qualify for [OHP](#).
- [Resources for Business/Workers](#)

Have an update or suggestion for our resource list? Email itsmyunion@ofnhp.org.



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Companies Hiring Now

- [Amazon](#)
- Grocery Stores: [Kroger](#) | [Albertsons](#) | [Winco](#)